

NEWS FROM YOUR ABC

2013 BOOK OF THE YEAR

THOUGHTS FROM THE MOUNT OF BLESSINGS

(Hard back) Reg. price \$9.99 NOW **\$7.49**

(Leather pocket) Reg. Price. \$29.99 NOW **\$22.49**

WE WILL BE CLOSED SEPT. 2

SEPTEMBER

Book of the Month

The Printed Prophets

by Lemuel Olan Jimenez

Reg. \$11.99 NOW **\$9.00**

Books have the power to change hearts, to inspire and instruct, to bring widespread revival.

But if they're so powerful, why aren't more people sharing them?

In these days of earth's final crisis, God has designed that truth-filled literature will serve as printed "prophets" announcing future events, as "preachers" drawing our attention to the Lord's soon return, and as "messengers" declaring God's great love and mercy. *The Printed Prophets* explores why literature will be so crucial in end-time evangelism and how you can help fulfill prophecy by sharing it.

The question that remains is - Will you share those lifesaving pages?

SEPTEMBER FOOD SPECIALS**

KELLOGG

CANNED

Little Links **\$5.04 ea. \$54.69 cs.**

Tender Bits **\$5.14 ea. \$55.79 cs.**

Vegetarian Burger **\$4.74 ea. \$51.39 cs.**

FOOD SERVICE

Vegetarian Burger **\$10.79 ea. \$116.19 cs.**

FROZEN

Corned Beef Roll & Wham Roll **\$24.99 ea. \$90.29 cs.**

GARDENBURGER BRAND

Sun Dried Tomato Burger & Veggie Medley Burger & Original Burger

\$2.99 ea. \$35.88 cs.

CEDAR LAKE

CANNED

Case Price Only

Nutabella	\$28.64 cs./6	(reg. \$31.89)
Terkettes	\$50.59 cs./12	(reg. \$57.09)
Quik Burger	\$53.89 cs./ 12	(reg. \$60.39)
Nutee Supreme	\$57/19 cs./12	(reg. \$63.69)
3-Grain Pecan Patty	\$50.59 cs./12	(reg. \$57.09)

** All food prices subject to change without notice

TENTATIVE DELIVERY SCHEDULE FOR PRE-ORDERED & PRE-PAID ITEMS

** Drop offs at Ramah,

Next delivery will be September 11. **Orders are to be in to ABC by 12 noon on September 9.**

** Drop offs at Cincinnati Clifton & Springfield

Next Delivery will be September 25. **Orders are to be in to ABC by 12 noon on September 23.**

BULK FOOD SPECIALS THIS MONTH**

Stone ground Whole Wheat Flour -- **\$.57 lb. or \$25 for 50 lb. bag.**

Regular Rolled Oats -- **\$.60 per lb. or \$25 for 50 lb. bag.**

Quick Oats -- **\$.55 per lb. or \$25 for 50 lb. bag**

**** While supplies last**

INTRODUCING PA'S SALSA

ALL NATURAL & VINEGAR-FREE

Mango, Black Bean & Corn

Peach, Garden Vegetable;

All 4 Mild flavors - **\$4.39 16-17 oz. jars**

TRY THE NEW *Elianni* brand from Caanan Foods

Veggie Cutlets – textured vegetable protein **\$7.99**

Gluten free – rich in fiber – low fat – no added sugars – rich in iron – sodium free – GMO free

Veggie Roll – vegan & gluten free – 14.11 oz. roll **\$5.79**

Organic -- Flavors = Tomato - Mediterranean – Fine Herb – Mushroom

Vegan Pate – organic – 4.4 oz. **\$3.99**

Gluten free Omega 9 Omega 6

Flavors = Mushroom, Zesty apple, Vegetable, Peppercorn, Red pepper-olive

MEATLESS SELECT BRAND*

Fishless Tuna 5 oz. \$1.19 ea. 13 oz. \$2.99 ea.

5 Bean Chili 20 oz. \$3.39 ea.

Chicken Sliders 5 oz. \$1.19 ea.

Chicken Patties 13 oz. \$2.99 ea.

Taco Meat 5 oz. \$1.19 ea. 20 oz. \$3.39 ea.

*All are vegetarian and some are vegan

BEYOND MEAT

Chicken-Free Strips \$5.39 ea.

12 oz. frozen packages – VEGAN & NON-GMO

Grilled – the taste of mesquite grilled chicken with a sweet hint of molasses

Southwest Style – grilled with a traditional chipotle-lime blend.

Lightly Seasoned – cooked with the savory spices of roasted chicken

“The plant-based protein that looks, feel, tastes & acts like chicken – without the cluck!”